



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1 Dance : Unit 1	Introduction to PE : Unit 2 Gymnastics : Unit 1	Fundamentals : Unit 1 Dance : Unit 2	Ball Skills : Unit 1 Fundamentals : Unit 2	Gymnastics : Unit 2 Ball Skills : Unit 2	Games : Unit 1 Games : Unit 2
Year 1	Fundamentals Gymnastics	Ball Skills Sending and Receiving	Gymnastics Dance	Dance Target Games	Net and Wall Games Invasion Games	Striking and Fielding Games Athletics
Year 2	Fundamentals Dance	Ball Skills Sending and Receiving	Gymnastics Target Games	Gymnastics Net and Wall Games	Invasion Games Dance	Athletics Striking and Fielding Games
Year 3	Fundamentals Y3/4 Ball Skills Y3/4	Basketball Rugby	Gymnastics Dodgeball	Dance Football	Cricket Fitness	Athletics Tennis
Year 4	Ball Skills Y3/4 FitBeat Fundamentals Y3/4	Football FitBeat Dance	Gymnastics FitBeat Hockey	Rugby FitBeat Basketball	Netball FitBeat OAA	Rounders FitBeat Athletics
Year 5	Dodgeball Yoga	Football Hockey	Basketball Dance	Gymnastics Netball	Volleyball Y5/6 Cricket	Athletics Tennis
Year 6	Fitness FitBeat Swimming	Rugby FitBeat Swimming	Badminton Y5/6 FitBeat Swimming	Gymnastics FitBeat Swimming	Cricket FitBeat Swimming	OAA FitBeat Swimming